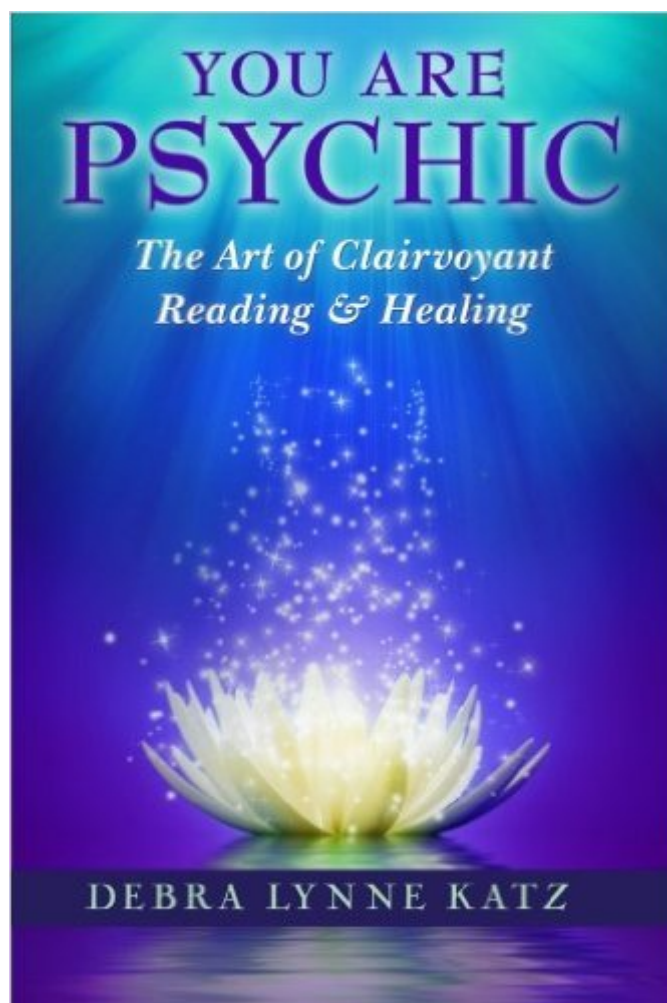


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# You Are Psychic: The Art Of Clairvoyant Reading And Healing



## Synopsis

"YOU ARE PSYCHIC" has been hailed as "the psychic's bible" and has put tens of thousands of readers on the fast track to accessing and controlling their clairvoyant and healing abilities. In this 2015 revised edition by Living Dreams Press, "You Are Psychic" continues to open the eyes of readers and reverse the "blindness" of those cut off from their greatest gifts of in-sight and healing. Topics covered include: psychic readings, Clairvoyant healing methods, communicating with your creator and your guides, Transformation, psychic protection techniques and the business of spirituality. This book will take your abilities to levels never imagined and facilitate your profound transformation into empowerment and living the life you were meant to live. The first edition of You are Psychic: The Art of Clairvoyant Reading and Healing was published by Llewelyn Worldwide in 2004 and was received with extraordinary acclaim and sold tens of thousands of copies across the globe. This improved edition has been updated to reflect the changing times of having a successful intuitive guiding business in a more technologically advanced world. It incorporates extraordinary insights of the author, whom has been conducting clairvoyant readings, trainings and mentoring sessions for thousands of clients and budding psychics for two decades. She has also collaborated with the top psychic researchers and remote viewers to conduct scientific studies, serving both as scientist and subject. In this edition, she fine-tunes techniques based upon those endeavors. One of the greatest values this book has is its normalizing and comforting effect: by sharing intimate details of her own readings along with step by step techniques, she catalyzes "breakthrough" experiences that changes lives for the better and shows readers that clairvoyance is fun, numinous and enlightening. Perhaps most importantly, those who experiment with the material in this book will gain immediate awareness of the profound connection all beings have with each other.

## Book Information

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## Customer Reviews

I've been doing professional readings for clients both in person and over my personal home phone line since the late 1980's, usually using some type of intuitive tool like Tarot cards, playing cards, pendulums, taseomancy, etc. I would often get flashes of clairvoyance that would supplement whatever tool I was using, which to me was an extra "treat". Then I came across books written by students from the late Lewis Bostwick that encouraged learning and giving clairvoyant readings by using a symbol (often a rose) to represent the person you were reading. The Bostwick methods also encouraged taking care of your own energy and aura using the symbols of roses, grounding cords and other visualized items. This system freed me from having to always rely on physical tools by using the inner tools of the mind. Instead of just looking forward to the occasional accurate clairvoyant "flash" the books written by Bostwick's students teach readers how to harness one's clairvoyance. On a practical level, I could give quick and easy clairvoyant readings for people when hired for parties by using Bostwick's Berkeley Institute's methods. It's quick, easy and you don't need a table to put stuff on. However, I was not satisfied completely with this system, perhaps either due to my own limitations, or the lack of information in the books I read to answer some questions, or a combination of both. So, I went back to using cards, runes and other physical tools to answer other questions for my clients if I felt the rose symbolism wouldn't help. That all changed with Debra Katz' book. Ms. Katz also comes from the Lewis Bostwick method & so many of the visualizations were quite familiar to me. But her book helped "stretch" my learning and took me further by teaching me how to address other ways of reading people by still using the rose-symbol methods. Even before finishing the whole book, I gave a darn good clairvoyant reading to a client that lasted an hour -- all done with my eyes closed and without having to rely on physical tools. Ms. Katz includes other chapters that discuss topics on setting up oneself as a professional psychic, charging clients, learning how to read for couples (and when NOT to), and various healing techniques that also includes sending healings to cancer patients -- her method on this seems much more streamlined and efficient than what I was trying to do with cancer patients in my 20's. There is nothing wrong with using physical tools in one's psychic work -- I sometimes still enjoy taking them out and some clients enjoy seeing cards or crystal balls on the table. But if you want to start reading strictly through

clairvoyance, this book is great for beginners and advanced readers alike. Out of the many good books written by Bostwick's students, in my opinion this one is not only the best but goes the furthest.

I have read a whole bunch of different books for developing psychic ability and while some were very good, this is the best I have encountered so far. I was so impressed with the book I sought the author out for a reading. I received a a phone reading a few days ago, and her information was accurate and VERY helpful for me, which gives me even more faith in following through with the work outlined in the book. I really appreciate how she includes exercises for many practical purposes, such as grounding and clearing out negative energy. I especially like the exercise for Calling Back Your Energy. Even though she is a professional psychic, she actually instructs the readers in detail how they can develop their own abilities and read for others. Now, that's generous!

Bought this book based on the positive reviews. I'm not really a fan, so I'm just going to lay out the pros and cons as I see them: PROS:-Much more "how to" than some psychic development books on the market-Has some useful advice on the practicalities and potential pitfalls of reading professionally that many authors don't bother to point out-Some of the methods are effective enough-The book assumes no prior knowledge or skill and doesn't use a lot of technical jargon-I felt like the author was sincerely expressing what she believes to be the best method-Has a glossary of terms commonly used in psychic and New Age parlance at the end-Focuses on clairvoyance only, which might be somewhat easier for an absolute newbie than other psychic methods (but then again some people get their info other ways, so I don't know) CONS:-The author uses only one particular method, which she indicates is popular at psychic training schools in the San Francisco Bay Area, all of which were founded by one Lewis Bostwick or his students. In other words, it's great if you love that method, but if you don't, you won't find any alternatives here.-The method is weird compared to other methods I've learned--not saying it's completely ineffective necessarily but I do find it overly complicated (in particular the use of a "viewing receptacle") and certainly not more effective than other methods-It's as if the author has never heard of or tried any other way of psychic reading. She comes across as a little preachy or indoctrinated about it; personally I would have liked to see at least the acknowledgement that other perspectives and approaches exist. Most disturbing, when an author has to apologize for why the psychic training school they went to might \*seem\* like a cult, I get worried.-She implies that clairvoyant readings are somehow superior to other kinds of psychic reading, though she doesn't say it in so many words. She makes repeated

references to "pure clairvoyance" and "pure clairvoyant readings" which doesn't match with my observations of how psychic phenomena work (no one I've ever met reads only in one way), and she emphasizes that the methods in this book are to help the reader develop clairvoyance only (with the implication that you would never want or need to develop another psychic skill set). She does specifically say that a reader shouldn't rely on their "knowingness" (her term for claircognizance) but should insist upon getting information only through clairvoyance. It seems bizarre to me to refuse information because it doesn't come in a predetermined form--in fact, discarding information because it doesn't fit your preconceived notions is a very bad idea.-Definitions in the glossary range from accurate (clairvoyance, clairsentience) to quite inaccurate (free-floating anxiety, karma)-You know how if you say a word over and over again it starts to sound silly and nonsensical? "Energy" is that word in this book.-Katz states several times that if you're seeing something, there's a reason for it--not so in my experience. Learning to discern between psychic and imaginary info is a huge part of psychic development. If you're a visually oriented person, your brain will throw all kinds of weird imagery at you. It may all glitter, but it's not all gold.Conclusion: I tried some of the methods in the book and found that for me, some worked ok and some didn't.

If you are trying to develop your psychic and clairvoyant ability, then this book is a must. It is a book as the author suggests you first read through, then go back into. There are many and varied exercises that would need months of practice and development, but Debra Katz has generously shared her knowledge and experience with the world. This is the best book on psychic development I have come across.

I found this book to be an extremely informative introduction to psychic ability as well as metaphysical philosophy. It has really sparked my interest in psychic development. Debra Lynn Katz writes in a conversational manner that allows potentially dry, complicated subject matter to come to life. My copy of the book is worn out from referring to it so much. I also received a psychic reading from the author and found her to be very accurate.

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